THE UNSTOPPABLE POWER OF LETTING GO...

Do you ever find yourself wanting more? Don’t know where to start? Armed with a life-changing story, a whole lot of warmth and honesty, and what she calls “The Big”, Jill shows people how letting go can free them from a life that just isn’t working. With one-liners that make hard truths laugh-out-loud funny, it’s no surprise that Jill rocks a background in comedic improv. But she is also bold enough to offer audiences the most profound lessons of her life—whether from decades of painful dating, dieting, or being in a dead-end job, relationship, or mindset—to help them get unstuck, and release themselves from where they don’t want to be. Audiences will not only learn what it means to let go and how to do it, they'll also leave feeling inspired and empowered to create positive change. To explore the relationships they have with other people and situations, and, most importantly, to take a whole new look at the relationship they have with themselves.

"By sharing her life experiences through her vivacious personality, which she herself calls ‘The Big,’ Jill effortlessly creates something we all desperately want: connection."

— Maureen Healy, former editor of Shape Magazine
WHAT THEY’RE SAYING

“Funny and smart!!”
—Lu Ann Cahn
TEDx Speaker, Author, Award Winning Journalist

“Jill Sherer Murray has the unique and enviable talent of telling the absolute, unflinching truth while making you laugh out loud. She’s insightful, engaging, relevant to just about everyone, and timeless.
—Jonathan Maberry
New York Times Best Selling Author

“Jill’s talk is of rare value and beauty. Rare because it provides a compass for living life to the max that is achievable for all. Beautiful because the lesson, the epiphany Jill provides, serves as an elegant and powerful key to personal liberation. Watching it is not an option. It is a MUST.”
—Mark Stevens
New York Times Best Selling Author

“Wow, Jill, I’m so inspired! A beautiful speech well delivered – truly one of the best talks I’ve ever heard.”
—Alisa Lippincott Morkides
TEDx Speaker, Entrepreneur

“Letting go, as painful as it can be, is empowering—and can open you up for what really should be in your life. Letting go has been a game-changer for me. Jill’s talk is on point and inspiring for those of us who need to make space.”
—Mari Perry
Chief Operations Manager

“Very inspirational. Something I needed to hear. I let go of my marriage a year ago—life is too short to be let down. Thank you for your courage and strength!”
—Claudia Cleary
Wellness Coordinator

“Love this. Practical, witty, and fabulous.”
—Lisa Tomarelli
Writer

“I came across your TEDx talk and I want to tell you how powerfully you moved me. By the end, tears streaming down my face, all I could think of is I need to share this with my daughter, my sister, my niece... Your list of five ways to let go are the best advice anyone can listen to. Really well done!”
—Cathy Pope
Architect

“Jill is a master storyteller. She has this uncanny ability to see the human condition in all of its dimensions and weave and unfold stories that grab heart, mind and soul... and our funny-bone. She captivates whether she’s speaking with us from the stage or from the page. Unafraid to be herself, tell her truth and rock her quirks, she invites us to do the same. Her down-to-earthness, cleverness, and insatiable curiosity make you want to come closer and let her in... essential characteristics for a journalist, interviewer and confidante. She is one of those people who squeezes the juice out of life and... if you allow her... will take you with her.”
—Susan Sandler
Life Strategist, Speaker, Difference Maker

“This talk moved me to tears. It had struck a deep chord, planted a seed that burst open recently after a major disappointment and my life two short months after your talk is completely different. Thank you for being you and sharing your story with a roomful of strangers!”
—Alessandra Nicole
Photographer, Writer, Entrepreneur

“Jill’s message about ‘letting go’ is inspirational and uplifting. In a world of obligations and time constraints, she reminds us that in each and every moment of our lives, we have a choice. Her powerful message reminds us that we must take time to reflect and evaluate if something or someone is keeping us stagnant or helping us grow ... and to have the courage to make changes accordingly.”
—Dr. Suzana Flores
Psychologist, Author, TEDx Speaker

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